

PEOPLE WHO USE SUBSTANCES CARE CARD

USE THIS CARD TO HELP FACILITATE AFFIRMING
CONVERSATIONS BETWEEN YOU AND YOUR CARE
PROVIDER(S)

PLEASE CALL ME:

I USE THIS NAME, EVEN IF IT DOES NOT MATCH
THE NAME ON MY HEALTH CARD / ID.

My pronouns are:

Regarding my health and wellness, I feel:

- safe at risk really needing help

I use (check all that apply):

- recreationally rarely often
 mainly with others mainly by myself
 for sex/ PnP for going out for relaxing
 by injecting by smoking
 by ingesting/consuming by boofing

The substances I use are:

I have been using for:

I am here because:

I have this pre-existing condition:

ADDITIONAL NOTES:

This is a resource that is still in development. Please let us know if there is something that you think should be included or changed. We want to hear your feedback!

Use the QR code to access our feedback form:

